

Special Needs Grid for St. Mary's Summer Camp

Applications for **Campers who fall into the "Requires Assistance" or "Dependent"** categories will be reviewed for approval on a case-by-case basis by the Camp Special Needs Committee.

	Independent	Requires Assistance	Dependent
Statement of Overall Functioning	<p>The camper can function by self, follow schedule, take care of personal needs, and participate in activities with no to minimal assistance.</p>	<p>With moderate assistance from an adult, the camper can follow schedule, care for self, take care of personal needs, and/or participate in activities.</p> <p>Camper is able to benefit from camp activities</p>	<p>The camper is unable to care for self, follow schedule, take care of personal needs and / or participate in activities without intervention from an adult. The camper is dependent physically, emotionally, behaviorally, and / or socially. Camper requires 1-1 assistance in 1 or more areas to participate in camp activities.</p>
Examples of functioning		<ul style="list-style-type: none"> * Mental health diagnoses (i.e., Tourette's, ADHD, Asperger's, Depression, OCD) are controlled with medication taken by camper. * Camper responds to behavior management by camp staff. * Bee sting allergies * Food allergies * Death related allergies (i.e., dairy, nut, tree, eggs,, latex) * Bed wetting * Moderate anxieties * Aspergers * Home sickness * Diabetes * Casts / scoliosis * Prosthesis * Sleep problems 	<ul style="list-style-type: none"> * Requires 1-1 assistance to participate in activities * Cognitively impaired * Wheelchair bound * Dietary restrictions require modifications by camp * Mental health difficulties uncontrolled by medications * Autistic * Downs Syndrome * Adaptive behavior deficits * Not toileting self * Diabetes * Life threatening conditions

	Independent	Requires Assistance	Dependent
Cooperation / Attending	<ul style="list-style-type: none"> * Camper can respond to minimal behavioral redirection * Camper follows instructions in routine situations * Camper has the ability to attend and to comprehend instruction * Camper receives benefit from participating in camp activities 	<ul style="list-style-type: none"> * Camper requires frequent behavioral redirection * Camper follows instructions with adult support in routine situations * Camper has difficulty sustaining attention/focus. * Camper may / may not benefit from participating in camp activities 	<ul style="list-style-type: none"> * Camper does not respond to behavioral redirection * Camper is unable to follow instructions in routine situations * Camper is unable to focus * Camper receives limited benefit from participating in camp activities due to extreme impairment
Social Interaction	<ul style="list-style-type: none"> * Camper is able to independently and appropriately respond to both peers and adults * Camper is able to participate in reciprocal social interactions 	<ul style="list-style-type: none"> * Camper requires assistance to respond to social interaction * Camper has difficulty with reciprocal social interactions 	<ul style="list-style-type: none"> * Camper is unable to independently and appropriately respond to both peers and adults * Camper receives limited benefit from social interactions due to extreme impairment
Group Instruction (i.e., religion, chapel, meals)	<ul style="list-style-type: none"> * Camper sits independently and appropriately in small and large groups * Camper independently attends to counselor / instructor in group * Camper independently and appropriately gets counselor attention, answers questions, and takes turn during instruction * Camper independently follows group instructions 	<ul style="list-style-type: none"> * The camper can participate in small and large group with minimal redirection * The camper has difficulty attending to counselor / instructor in group * The camper is unable to independently and appropriately gets counselor attention, answers questions, and take turns during instruction * Camper has difficulty following group instructions 	<ul style="list-style-type: none"> * The camper requires adult intervention to participate in groups * The camper is unable to follow group instruction

	Independent	Requires Assistance	Dependent
Dressing	<ul style="list-style-type: none"> * Independently decides what to wear * Independently gets dressed * Independently chooses clothes appropriate for the weather 	<ul style="list-style-type: none"> * Needs help with what to wear * Requires assistance dressing * Needs assistance choosing attire appropriate for the weather 	The camper requires adult assistance to choose appropriate clothes and / or dress self.
Toileting	Uses restroom without assistance	Requires assistance with toileting.	Unable to toilet self.
Grooming	The camper independently washes hands / face, combs hair, brushes teeth, and showers.	The camper requires adult assistance washing hands / face, combing hair, brushing teeth, and / or showering.	The Camper requires an adult to wash hands / face, comb hair, brush teeth, and shower.
Sleeping	Sleeps independently	<ul style="list-style-type: none"> * Camper wakes during night and may require supervision / company * Camper needs to use the bathroom at night * Camper has restless sleep * Camper sleepwalks * Camper has insomnia 	Camper is unable to sleep in a cabin at night without assistance.

	Independent	Requires Assistance	Dependent
Medication	<ul style="list-style-type: none"> * Camper is aware of medication needs / schedule * Camper takes all medications independently 	<ul style="list-style-type: none"> * The camper's medication needs require assistance from a nurse. 	<p>The camper is dependent on adult assistance to track / administer medication use.</p>
Eating (includes dietary restrictions)	<ul style="list-style-type: none"> * The camper is aware of dietary restrictions and can modify intake accordingly * The Camper is able to feed self, take prepared meal to table, clean up table after meals, and keep eating areas clean 	<ul style="list-style-type: none"> * The camper requires adult assistance to mediate dietary restrictions * With minimal assistance, the camper is able to feed self, take prepared meal to table, clean up table after meals, and keep eating areas clean 	<ul style="list-style-type: none"> * The camper has severe dietary restrictions that require specialized food preparation * The camper is unable to mediate food intake. * The camper requires adult assistance for feeding.
Mobility / Gross Motor	<ul style="list-style-type: none"> * Camper is physically able to move around camp * Camper is physically able to participate in kinesthetic activities 	<ul style="list-style-type: none"> * With minimal assistance from an adult or peer, the camper can move around camp. * Camper is unable to participate fully in kinesthetic activities 	<ul style="list-style-type: none"> * The camper is unable to move self around camp. * Camper is unable to participate fully in kinesthetic activities
Sensory	<p>The camper is able to tolerate stimulation in both small group and large settings.</p>	<ul style="list-style-type: none"> * With behavioral redirection and / or changes to the environment, the camper can manage appropriately in small and large group settings * Either the camper or an adult is able to anticipate sensory difficulties and modify the setting accordingly 	<ul style="list-style-type: none"> * The camper is unable to tolerate stimulation in either small group or large settings. * The camper requires change in setting that pulls them away from the scheduled camp activity.