

MATTHEW—helpful comments

1. Explain the meaning of how we cross ourselves:

The right hand is held with the thumb, index finger, and third finger touching. This symbolizes the Father, Son, and Holy Spirit—the Trinity.

The fourth and fifth fingers are held against the palm. This symbolizes Jesus Christ who is fully God and fully man.

As we make the sign of the cross, we remember the greatest commandment, “You shall love the Lord your God with all of your mind, heart, and soul.

2. Explain the difference between the New and Old Testament and how to find a book, chapter, and verse in the Bible. Find Matthew 7:12 and read it to a staff member.

The Old Testament tells of the time before Jesus was born to the Virgin Mary and foretells of His birth. The New Testament tells of Jesus on Earth and His teachings.

3. Explain how and when to call the police, fire department, and/or paramedics:

- a. Try to ask an adult for help
- b. If you are alone, but have a phone, dial 911
- c. Never, ever call 911 as a joke
- d. Don't hang up until the 911 operator tells you to do so.

5. Recite from memory the Jesus Prayer:

“Lord Jesus Christ, Son of God, have mercy on me a sinner.”