

MARK—helpful comments

1. Recite from memory the Trisagion prayers.

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen. Glory to You, our God, glory to You.

O Heavenly King, Comforter, the Spirit of Truth, who is everywhere present and fills all things. Treasury of good things and Giver of life. Come and abide in us and cleanse us from every impurity and save our souls, O Good One.

Holy God, Holy Mighty, Holy Immortal have mercy on us. (3 times)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

All-Holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our iniquities. Holy One visit and heal our infirmities for Thy Name's sake.

Lord have mercy. Lord have mercy. Lord have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy Name. Thy kingdom come; Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For Thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit; now and ever and unto ages of ages. Amen.

4. Explain how you would give first aid for a skinned knee. What are the signs of infection?

Comfort your patient.

Explain as you do things so the patient will not be afraid.

Clean the wound with antibacterial soap (if available) and water. Use a clean washcloth or sterile gauze to help remove the dirt.

Apply antibiotic ointment to the wound.

Apply Band-Aid or sterile gauze dressing.

Signs of infection:

Pain, Pus, Redness, Swelling, Fever

7. Name the 7 great sacraments and the meaning of each one.

1. Baptism: Burial and resurrection in Christ. Our sins are washed away.
2. Chrismation: We receive the gift of the Holy Spirit with Holy Oil or Chrism.
3. Holy Communion: We receive the body and blood of Jesus Christ for forgiveness of sins and life in Heaven.
4. Confession: We tell our priest our mistakes. Christ, through the priest, forgives our sins.
5. Ordination: A prepared man receives a special blessing to serve the Church in a special way as a reader, deacon, priest, or bishop.
6. Marriage: A man and woman are united with the blessing of God and the Church.
7. Holy Unction: A person receives anointing with blessed oil for spiritual, physical, or mental healing.